

# ASPEN CYCLING CLUB

# 2010 EVENTSCHEDULE

Schedule is subject to change. Call the Hotline at 970-922-2000 for latest information.

Visit [www.aspenclub.org](http://www.aspenclub.org) for more details.

Date	Day	Type	Kids	Race/Event
<b>APRIL</b>				
28	WED.	Road		Catherine Store Time Trial (Start at park & ride lot just up valley from store.)
<b>MAY</b>				
5	WED.	Road		Difficult Time Trial (Start at Difficult Campground, east of Aspen.)
12	WED.	Road		River Road/Lenado Road Race (One-way race; start at Old Snowmass.)
19	WED.	MTB Party!	#1	Rio Grande Time Trial (Start at Jaffee Park.) SPONSORED Post-Race Party: Red Onion, Aspen
22	SAT.	Road Party!		Ride for the Pass Road Race* (Start at Independence Pass winter gate.) Post-Race Party: 39 Degrees Bar at the Sky Hotel, Aspen
23	SUN.	NS/Road		Downtown Aspen Criterium* (Start in front of Wheeler Opera House.)
26	WED.			Rain Date
<b>JUNE</b>				
2	WED.	MTB Party!	#2	Smuggler Hill Climb Time Trial (Start at base of Smuggler Mtn.) SPONSORED Post-Race Party: Red Onion, Aspen
5	SAT.			ACC Adopt-a-Trail Day #1: Highline Trail, Snowmass Village
9	WED.	Road		Snowmass Circuit Road Race (Start at Two Creeks parking lot.)
11-13		NS/Road		Rocky Mountain Omnium, Carbondale*
16	WED.	MTB #3		Two Creeks Short Track (Two Creeks lift area in Snowmass Village)
23	WED.	Road Party!		Frying Pan Road Race (Start on Frying Pan Rd. 2 miles east of Basalt.) ACC Post-Race Party: Riverside Grill, Basalt
30	WED.	MTB		Reverse Government Trail XC Race (Start at base of Tiehack.)
<b>JULY</b>				
7	WED.	MTB		Snowmass Blast the Mass XC Course (Start at Snowmass Mall/Fanny Hill.)
9-11		NS/MTB		Blast the Mass races*
14	WED.	Road Party!		Highlands-Maroon Bells-Ashcroft-King Hill Road Race SPONSORED Post-Race Party: Highlands Pizza Company
21	WED.	MTB		Snowmass Divide XC Race (Start at Shield O Road, past Deaf Camp.)
24	SAT.			ACC Adopt-a-Trail Day #2: Smuggler Mountain, Aspen
28	WED.	Road #4		Woody Creek Criterium (Woody Creek Race Track)
<b>AUGUST</b>				
4	WED.	MTB Party!	#5	Butterhack XC Circuit Race (Start at base of Tiehack.) SPONSORED Post-Race Party: Highlands Pizza Company
11	WED.	Road		Maroon Bells Time Trial Race (Start at base of Aspen Highlands.)
18	WED.	MTB		Basalt Mountain XC Race (Start at Basalt Mountain upper parking lot.)
21	SAT.	NS/Road		Ride for the Cure*
25	WED.	Road		Emma Roubaix Road Race (Start at Emma Schoolhouse.)
<b>SEPTEMBER</b>				
1	WED.	MTB		Reverse Cross Mountain XC Race
8	WED.	MTB #6		Rim Trail XC Race (Start at Snowmass Mall/Fanny Hill.)
15	WED.	PARTY!		ACC Awards Banquet (Ajax Tavern, Aspen)

**Marshals/volunteers** are always needed. Please call Susan Carollo (a.k.a. Mouse) at 618-4626.

**Weather-related** cancellations will be determined at the starting line subject to Race Director's discretion.

**Registration** opens 1 hour before the event and closes 10 minutes before the start. Please arrive early, and bring exact change: \$5 for members, \$10 for non-members. Discounts are available for pre-registration. Go to [www.aspenclub.org](http://www.aspenclub.org) and view/print the membership application for details.

**Start times:** Wednesday races start at 6PM, kids start 15 minutes earlier. SMA start first, VMA 2 minutes later, SWA 4 minutes later, all Sports at 6 minutes after SMA.

**Kids** ages 6-13 race free but must have a waiver signed by a parent or guardian. Road or mountain bikes are acceptable.

**Parties:** ACC provides drinks and snacks. Members, families, and/or a friend are welcome.

**Key:** MTB = mountain bike event; Road = road bike event; NS = non-series event, participation points only; XC = cross country.

\*Register with the event promoter only. No ACC registration or fee is required.



## NEWSLETTER

# 2010

Sponsored by:



## 2010 A.C.C. Board of Directors

Directors: Rich Burkley, Simon Elliot, Jane Finsterwald, Annie Gonzales, Mike Maple, Cindy Morse, Geneva Templeton  
 President: . . . . . Elliott Larson  
 Vice President: . . . . . Len Zanni  
 Secretary: . . . . . Brian Schaefer  
 Treasurer: . . . . . Jan Koorn  
 Race Director: . . Susan Carollo (a.k.a. Mouse)  
 Assistant Race Director . . . Ned Ryerson  
 Results Compilation: . . Jane Finsterwald  
 Graphic Design: . . . . . Agustin Goba  
 Website: . . . . . Paul Fowler, ZGtec, Inc.

The Aspen Cycling Club is a non-profit 501(c)(3) organization dedicated to encouraging participation in bicycling at all levels. The Club sponsors weekly races and fun rides, both on and off road. It also works with local government and bike shops in self-regulating the use of our local trails and roads for responsible bike usage.

### Aspen Cycling Club

PO Box 4945, Aspen, CO 81612

Email: [aspenclub@yahoo.com](mailto:aspenclub@yahoo.com)

Hotline: 922-2000

[www.aspenclub.org](http://www.aspenclub.org)

## The President's Dispatch

It is spring! The snow in the high country is melting quickly, roads and trails are clearing, and we're all seeing more bikes in motion. I am excited to spend time in the saddle with new and old cycling friends this summer!

Our race calendar for 2010 will be mostly familiar with ten road bike and ten mountain bike races. Changes include three new races, a bigger USA Cycling-sanctioned Aspen Criterium, and a new awards banquet venue. New races are an early season road race from Old Snowmass toward Lenado, a midseason mountain bike race over the Snowmass Divide, and a Reverse Cross Mountain XC near the end of the season. This year the Aspen Criterium will have a new format, including opportunities for ACC racers to compete in USA Cycling-sanctioned racing close to home on a familiar course. The change in format means the race will not be part of the ACC points series, except that racers will earn participation points. It does, however, mean that more racers from outside the valley will come to compete and help us build the size and excitement of the event! Big prize money should attract a fast group of racers. Finally, we can look forward to an end-of-season

awards banquet at the Ajax Tavern at the base of Aspen Mountain.

Huge thanks go to our 2010 sponsors! Please keep in mind that these businesses help us continue to offer an exceptionally affordable season of racing. Without their support, our season would be much different. Please remember to support these businesses with your patronage and your recommendations to friends. Special thanks to our perennial Presenting Sponsor Alpine Bank and our new sponsor bike shop Basalt Bike and Ski.

One of our obligations as responsible cyclists in the Aspen area is to help maintain popular mountain biking trails. As in years past, ACC members will team up with the Roaring Fork Outdoor Volunteers for two ACC-specific trail days. Our Adopt-a-Trail days will be held on the Highline Trail near Snowmass Village and on Smuggler Mountain trails near Aspen. ACC series points will be awarded to Trail Day participants.

Happy Spring! Tune up your bikes, and tune up your legs. See you out on the roads and trails, or at the races.

Elliott Larson

## THE 411

WEBSITE: [www.aspenclub.org](http://www.aspenclub.org)

RACE TIMES: Wednesdays at 6PM

RACE FEES: See membership application. Potential new members' first race is free. Visitors and non-members can race for \$10 per race. A waiver must be signed, and no points will be awarded. Members

who have paid their \$55 dues pay \$5 per race. For non-ACC races and events, pay the promoter directly. SUBSCRIBE TO LISTSERVE: Send an email to [aspenclub-subscribe@yahoo.com](mailto:aspenclub-subscribe@yahoo.com). The ACC does not condone the sending of unsolicited email, spamming, or any other questionable practices.

## Trail Days

By Geneva Templeton

For 15 years, Roaring Fork Outdoor Volunteers (RFOV) has been building, improving and maintaining trails throughout the valley. Their work benefits local trail users and tourists alike and has impacted over 230 miles of trails on public lands from Aspen to Rifle. As ardent users of the trails, it has been a natural fit for the Aspen Cycling Club to partner with RFOV over the years. That partnership continues this year with two ACC Adopt-a-Trail days. And if giving something back to the trail system that is such a big part of our outdoor recreation isn't enough reason to participate, remember the points! Yes! You get points for doing a good deed.

The experiment begun last year with the change in points structure will continue this year, again with the goal of increasing Trail Days attendance. Your first day of trail work will be worth 15 points, and your second day will be for the prized 30 points. Our first ACC Adopt-a-Trail Day this season will be held on Highline Trail in Snowmass Village on Saturday, June 5, and the second Trail Day will be held on Smuggler Mtn. trails in Aspen on Saturday, July 24. Mark your calendars! E-reminders, including what to bring for trails work, will be sent closer to these events. Please consider these Trail Days as opportunities to get to know your fellow racers better, have fun and give back to the community. It would be wonderful to see a big ACC turnout for both Trail Days this summer!

## Special Note Regarding the Woody Creek Criterium

The Woody Creek Sports Car Club and Track is the location of the annual Woody Creek Criterium. This is a PRIVATE club and is on PRIVATE property. They generously allow us to hold our annual race there with no benefit to them. However, this privilege is dependent upon our following their guidelines. This year's race will occur on Wednesday, July 28th. Arrive early to ensure that you will have time to warm up. DO NOT venture onto the course at any other time, as you will be arrested for trespassing! By respecting this private property, we will keep our privilege to race on the course.

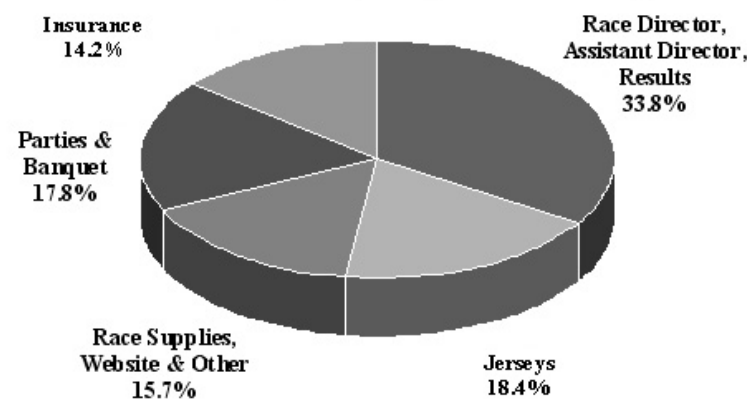
## Kids' Race Series

There are six races this season for children ages 6–13. Start time is 15 minutes before the other classes, and all races coincide with the regular series. Keeping our young racers safe is a priority when selecting courses. Please note that ANY TYPE OF BIKE CAN BE USED. These races are FREE, but a parent or guardian must sign a waiver before the child can race. We will have end-of-season awards for all competitors, including an overall male and female winner. We encourage and need parents to help out and cheer their little racers on!



## Where Does Your Money Go?

Breakdown of Aspen Cycling Club 2009 Expenses



## It's All About the Points

### POINTS BREAKDOWN

Winner: 30 points, 2nd: 28, 3rd: 26, 4th: 24, 5th: 22, 6th: 20, 7th: 18, 8th: 16, 9th: 14, 10th: 12, 11th: 10, 12th: 8, 13th: 6, 14th: 4, 15th and lower: 3 points. Ties will be averaged, i.e. 1st: 30, 2nd: 27, 2nd: 27, 4th: 24.

### BIKE TYPES

Any type of bike can be ridden in any discipline. (See ACC Race Rules for exceptions.) Points will be awarded if you ride a bike that is specific to or considered a disadvantage to ride in that discipline (i.e. an MTB in a road race or cyclocross race).

### VOLUNTEERING/MARSHALLING

Bonus points are awarded for marshaling: 30 points for first effort and 15 for the second and subsequent efforts, with no limit. Points are awarded to the discipline marshalled. Trail days participation is awarded with 15 points for the first day and 30 points for the second, with a maximum of 45

points—all going toward the mountain series and combined.

### TEAM POINTS

Team points will be calculated by adding the combined total of each team member in each discipline. There are no limits on how many members can be on a team. We encourage everyone to join a team, and teams to actively recruit members.

### FINAL STANDINGS

The sum of your highest eight races/points in each discipline will be your season total in the discipline. Eight races are not required, but if you complete seven races, your season total will be the sum of those seven race points. If you finish all ten races, your lowest race points will be dropped.

### COMBINED STANDINGS

Combined standings will be the sum of your season totals from each discipline. You must compete in at least four races in each

discipline to be eligible for the championship in that discipline, and four in each discipline to be eligible for the overall. Kids' race series are exempt from minimum requirements.

### DUES AND POINTS

ACC members who have paid their current year dues will be eligible for points. All competitors will be listed in race results, but only ACC members will receive points. The first ACC member will receive first place points, the second member will receive second place points and so on. Non-members will be removed from point calculations. If you choose to join the ACC once the season is underway, you will only earn points from that time forward. Points will not be awarded retroactively.

### CATEGORIES

You may race in different categories for the mountain and road series. You may change categories during a season; however, your points and race times do not follow you to the new category.

## Rider Responsibility & Good Sportsmanship

The Aspen Cycling Club follows USCF and NORBA rules and expects all racers to familiarize themselves with them. Go to [www.usacycling.org/officials/](http://www.usacycling.org/officials/) to download rule books.

### RACING

All competitors should behave in a respectful, adult manner towards other racers, race officials, spectators, etc. This means activities such as, but not limited to, the use of foul or abusive language or conduct, use of force, interfering with the forward progress of another rider, riding dangerously, and pushing or pulling are prohibited. Short-cutting of a racecourse is also not allowed. At the sole discretion of the race director, racers may be issued a warning and/or disqualified for poor sportsmanship of any kind.

### PROTESTS

The Race Director will accept protests regarding race results until the end of the next business day following a race. Race results will be final 24 hours after the completion of the race. Please wait until after an event is over before talking to race officials, except in pack finishes when you must check in to verify your

finish position.

### RACE DIVISION

Racers in different divisions are not allowed to help nor interfere with racers from other divisions.

### OTHER POINTS OF ETIQUETTE & RULES

- Remove yourself and your bike from the road before and after races.
- All competitors must keep to the right of the yellow center line, including at the finish line.
- Courteously alert other riders and racers when overtaking them. Do not impede the progress of a passing rider. This is especially important in mountain bike races when riders from different classes frequently overtake each other.
- Point out upcoming hazards such as potholes or debris to other riders.
- Take the time to learn cycling etiquette, tactics, and how to ride in a pace line. If you are uncertain of how or why you should do something, ask an experienced racer.
- Most of all, ride fast, have fun, and be safe!

## Congratulations, 2009 Champions!

2009 Combined Road & Mountain Points Champions

Team	Senior Men Citizen
Basalt Bike & Ski	Mak Keeling
Senior Men A	Senior Women Citizen
Len Zanni	Lauren Waldron
Senior Women A	Veteran Men Citizen
Cindy Morse	Agustin Goba
Juniors	Grand Master
Hudson McNamee	Ed Cross
Veteran Men A	Kids Boys
Mike Maple	Hayden Brokamp
Veteran Women	Kids Girls
Cynthia Bye	Logan McNamee
Master Men	
James Brokamp	



## Thank You, Sponsors!

We are hugely grateful to our sponsors for their generosity, which allows us to put on such a great race series at a very low cost. The board ramped up its sponsorship efforts again this year, and the result was a continuation of generous support. Many members stepped up in a big way and signed on as new sponsors or increased their commitment. Special props to our Presenting sponsor Alpine Bank (Scott Gordon), a loyal supporter over the years. Also returning this season are Ryan Investment Management (Chris Ryan);

Orthopedic Associates of Aspen and Glenwood (George Trantow); Hotel Durant (Brian Schaefer); ZGtec, Inc. (Paul Fowler); Sundog Athletics (Erik Skarvan); Aspen Cancer Survivor Center (Riggs Klika); David Borchers, M.D.; Aspen Skiing Company; Honey Stinger and Big Agnes (Len Zanni); Highlands Pizza Co. (Ryan Sweeney); Woody Creek Tavern (Kevin Wilson); Red Rock Diner (Bob Olenick); Levy Physical Therapy (Mike Levy); Phoenix Fitness (Shawn Hunsberger), and Myers & Company (Stuart Egerly). We'd also like to welcome seven

new sponsors this year. A special shout out goes to Basalt Bike and Ski's Joel Mischke for his generous support. Also on board are The Red Onion (Michael Tierney), Ajax Tavern (Jan Koorn), Katalyst Performance Coaching (Scott Kasin), Aspen Thermo Consulting (Charlie Eckart), Rudd Construction and KSPN. Please thank these sponsors when you see them!

No other club in Colorado comes close to the number or diversity of races we enjoy and at a very low per race cost...these people make it happen!

